

1985 5A  
GIRLS

TEAM RESULTS

1. Eden Valley-Watkins	88
2. Belgrade - Brooten	56
3. Sartell	48
4. Breck	46
5. Holdingford	35
6. Watertown-Mayer	31
7. Crosby-Ironton	29
8. Cathedral	16
9. Blake	15
10. Howard Lake Waverly	14
11. Albany	13
12. DeLaSalle	12
Maple Lake	12
14. Foley	11
15. Delano	10
16. Ogilvie	8
17. St. Michael - Albertville	7½
18. Pierz	7
Mpls. Lutheran	7
20. Litchfield	6
Mora	6
22. Dassel-Cokato	5
23. Annandale	4
24. Rockford	3
St. John's Prep	3
26. Royalton	1½
27. Swanville	1
Atwater-Grove City	1

GIRLS REGION 5A RESULTS

1600 Relay

1. Eden Valley-Watkins	4:12.2
2. Breck	4:15.6
3. Foley	4:17.3
4. Watertown-Mayer	4:19.8
5. Belgrade-Brooten	4:25.0
6. Pierz	4:28.8

3200 Relay

Belgrade-Brooten	9:57.1
Breck	10:04.1
Litchfield	10:10.2
Albany	10:17.0
Pierz	10:28.7
Watertown-Mayer	10:29.7

Shot Put

1. Sally Huls	40'8"*	Holdingsford
2. Lisa Heim	36'9"	Sartell
3. Anne Stifter	35'1"	Watertown Mayer
4. Ann Marie White	34'0"	Blake
5. Sue Maleska	32'7"	Holdingsford
6. Missy Thieschaper	32'7"	Swanville

Discus

1. Lisa Heim	105'6"	Sartell
2. Sally Huls	105'4"	Holdingsford
3. Shelly Silvernail	102'5"	Watertown-Mayer
4. Diane Mumford	97'0"	Howard Lake - Waverly
5. Katie Johnson	95'8"	Rockford
6. Jennie Berthiaume	95'5"	Rockford

Long Jump

1. Valerie Valene	15'10"	Blake
2. Jenny Fobbe	15'9½"	Maple Lake
3. Janell Chapman	15'8"	Sartell
4. Laurie Bogerding	15'3"	Belgrade-Brooten
5. Michelle Primus	14'11½"	Cathedral
6. Kerry Nistler	14'11½"	Eden Valley Watkins

High Jump

1. Jody Swenson	5'7"*	Crosby Ironton
2. Cheryl Peter	5'0"	Watertown-Mayer
3. Beth Solie	5'0"	Maple Lake
4. Tammy Fobbe	5'0"	Annandale
5. Debbie Burgraff	4'10"	Royalton
5. Colleen O'Donnell	4'10"	St. Michael Albertville

## GIRLS REGION 5A RESULTS

### 100 m Hurdles

1.	Lynn Frauendienst	15.5*	Crosby-Ironton
2.	Kim Slegers	16.2	Ogilvie
3.	Char Wenderski	16.4	Holdingsford
4.	Deb Schultz	16.8	Eden Valley Watkins
5.	Sarah Zimmerman	19.9	Breck
6.	Janell Chapman	17.1	Sartell

### 300 m Hurdles

1.	Deb Schultz	48.1*	Eden Valley-Watkins
2.	Julie Opatz	48.7	Holdingsford
3.	Colleen Donnell	49.8	St. Michael - Albertville
4.	Susan Johnson	49.9	St. John's Prep
5.	Janell Chapman	49.9	Sartell
6.	Mary Gesinger	49.9	Watertown-Mayer

### 100 m Dash

1.	Gretchan Terhaar	12.8	Belgrade-Brooten
2.	Shelly Moorman	12.8	Dassel-Cokato
3.	Donna Loomis	13.0	Sartell
4.	Lisa LeVange	13.0	Howard Lake Waverly
5.	Jenny Fobbe	13.1	Maple Lake
6.	Michelle Loch	13.1	Eden Valley-Watkins

### 200 m Dash

1.	Gretchen Terhaar	26.2	Belgrade-Brooten
2.	Lori Meyer	26.3	Eden Valley-Watkins
3.	Julie Symalla	26.4	Cathedral
4.	Shelly Moorman	26.8	DeLaSalle
5.	Jenny Fobbe	26.9	Maple Lake
6.	Misty Hoag	26.9	Atwater-Grove City

## GIRLS REGION 5A RESULTS

### 400 m Dash

1. Lori Meyer	59.9	Eden Valley-Watkins
2. Sarah Elasing	61.5	Breck
3. Steph Swanson	62.2	Sartell
4. Chris Fredrick	62.4	Foley
5. Kelly Brenner	62.6	Delano
6. Debbie Jonas	62.9	Albany

### 800 m Run

1. Jody Yungk	2:21.1	Eden Valley Watkins
2. Hannah Elasing	2:22.3	Breck
3. Lisa Schlangen	2:24.7	Eden Valley Watkins
4. Deb Loch	2:24.8	Eden Valley Watkins
5. Julie Swenson	2:27.8	Crosby Ironton
6. Chris Symalla	2:29.6	Holdingsford

### 1600 m Run

1. Michelle Marthaler	4:58.7*	Belgrade-Brooten
2. Hannah Elasing	5:11.9	Breck
3. Lori Nesvold	5:13.4	Watertown-Mayer
4. Deb Loch	5:20.0	Eden Valley - Watkins
5. Julie Swenson	5:21.6	Crosby Ironton
6. Rachel Hocok	5:33.2	Dasel - Cokato

### 3200 m Run

1. Michelle Marthaler	11:22.8	Belgrade Brooten
2. Kathleen Anderson	11:36.6	Cathedral
3. Rona Finneman	12:01.6	Albany
4. Jane Smieja	12:07.9	Crosby Ironton
5. Jeanne Rose	12:20.7	Albany
6. Helen Hoyle	12:24.5	Blake

### 400 Relay

1. Eden Valley Watkins	51.4
2. Delano	51.9
3. Howard Lake-Waverly	52.4
4. Pierz	52.7
5. Breck	53.1

### 800 Relay

Eden Valley Watkins	1:47.8
Sartell	1:50.1
Mora	1:50.9
Dassel-Cokato	1:51.4
Breck	1:51.6